

Workshop 1 Białystok (PL) - 14 September 2012	
Title of the Workshop:	NAVIGUIDE Workshop – Testing of career guidance group techniques developed in the international NAVIGUIDE Project
Targetgroup:	Representatives of Public Employment Services, educational and training organisations, trainers, job counsellors, workclub leaders, students of career counselling faculties and programs and other people interested in the subject of methodology of working with groups in the field of career counselling.
Venue:	Stanislaw Staszic College of Public Administration in Białystok
Date and time:	14th September 2012 from 11.00am 17.00pm
Specification:	The training is one of activities performed by the international NAVIGUIDE Project partnership, the objective of which is to develop an international collection of methods and techniques supporting the work of a career counsellor. The collection is based on materials owned by the Austrian Public Employment Service - AMS (www.ams-forschungsnetzwerk.at), developed in the years 2008 – 2010, and contains over 400 methods that can be used for group career guidance (job counselling).
Aims of the training	Enhancing the skills of professional career guidance providers by revising and practical use of the chosen techniques/activities included in the international collection of group career guidance (job counselling) techniques.
Subject matter	<ol style="list-style-type: none"> 1. Techniques facilitating getting to know one another. 2. Techniques allowing assessing the expectations. 3. Techniques supporting the process of discovering social and professional roles, allowing for working with “false” attitudes, patterns, and stereotypes. 4. Techniques motivating to act, triggering change of beliefs and attitudes.
Work methods	<p>The training course will be run with use of active workshop methods, so that the participants can understand, experience and practice the skills needed for working with groups using some chosen techniques of group career guidance (job counselling) included in the international NAVIGUIDE Project collection.</p> <p>The workshop method assumes maximum and active participation of the trainees, at the same time minimizing the traditional ways of sharing the knowledge.</p> <p>It owes its exceptional effectiveness to:</p> <ul style="list-style-type: none"> • Learning through experience • Creating personal involvement. <p>The workshops are based on the group dynamics and exploring the potential of the participants.</p> <p>The following techniques will be used during the training:</p> <ul style="list-style-type: none"> • Activities (e.g. games, mini-simulations) introducing the subject

	<ul style="list-style-type: none"> • Larger exercise structures – longer simulations integrating several skills • Short lectures introducing and summing up the issue and the technique being tested • Plenary group discussions analysing activities and their possible consequences.
Materials	Participants receive the materials for working during the classes (source – project platform www.naviguide.net)
Additional advantage	<p>Workshop participants will receive:</p> <ul style="list-style-type: none"> • Free access to materials related to the subject, developed during the project by the partnership from six countries • Certificate of participation in the training course organised as part of an international project.
Trainers:	Iwona Kania